



## UNINTENDED PREGNANCY AND STIs THREATEN MISSION READINESS

Rates of HIV have NOT decreased  
Rates of STIs are **INCREASING**

**60K**

service members  
are **HIGH-RISK** for  
HIV and untested

**7**

military cities  
**TOP 20**  
for STIs nationally

**68%**

think talking to a  
provider about  
sexual health will  
be negative

# MISSION WELLNESS

## ADDRESSING READINESS THROUGH SEXUAL HEALTH

*Mission Wellness is an evidenced-based sexual & reproductive health smartphone intervention developed based on feedback from service members, MHS providers, DHA & Pentagon leaders*

*Initial results suggest that **98% of users** agree that Mission Wellness enhances the **health and safety of service members** and **92% agree** that it contributes to their **overall readiness***

**Works offline after initial download**



iOS



Android

## FEATURES

Mission Wellness provides:

- Personalized risk
- Education
- Skill-based video content
- Skills-based role playing scenarios
- Peer narratives
- Values/goals clarification

