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FM BUMED FALLS CHURCH VA
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CMC WASHINGTON DC
COMPACFLT PEARL HARBOR HI
COMUSFLTFORCOM NORFOLK VA
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MSGID/GENADMIN/BUMED FALLS CHURCH VA/MAY//

SUBJ/2023 NAVY SURGEON GENERAL'S BLUE H - HEALTH PROMOTION AND WELLNESS AWARD
WINNERS//

POC/Jenni Osborne/DCPH-P/206-681-2925/dha.hampton-roads.Pub-Health-
P.mbx.nmcphc-blue-h-mgnr@health.mil/ <https://www.med.navy.mil/navy-and-marine-corps-force-health-protection-command/population-health/warfighter-wellness/>

RMKS/TYCOMS ARE REQUESTED TO FORWARD THIS MESSAGE TO ALL UNITS UNDER THEIR
COGNIZANCE//

1. I am proud to announce the Navy and Marine Corps winners of the 2023 Blue H - Navy Surgeon General's Health Promotion and Wellness Award, managed by the Navy and Marine Corps Force Health Protection Command (NMCFHPC) and Defense Centers for Public Health-Portsmouth (DCPH-P).

2. This award recognizes excellence in workplace health promotion policies, activities, challenges, and outcomes. Health topics covered include responsible drinking, healthy eating, active living, psychological health, sexual health, tobacco free living, and weight management. Awards may be earned at three levels: Gold Star, Silver Eagle, and Bronze Anchor. Every organization that properly applied received at least the Bronze Anchor. Non-medical commands that achieved 31 points and medical commands that achieved 35 points, earned the Silver Eagle. Non-medical commands that reached 49 points and medical commands that reached 56 points, earned the Gold Star.

3. Primary prevention policies and activities in Navy and Marine Corps workplaces, communities, and medical treatment facilities are critical to maintaining a fit and ready force. Reducing behavioral risk also enhances individual quality of life and reduces long-term healthcare costs.

4. I commend the 326 Navy and Marine Corps winners. The total breakdown is 108 Bronze Anchor, 99 Silver Eagle, and 119 Gold Star winners. I invite all commands to participate in the Blue H in 2024.

5. Marine Corps Commands: Breakdown is 18 Total, 9 Gold Star, 6 Silver Eagle, and 3 Bronze Anchor.

a. USMC Gold Star winners: 3rd Medical Battalion, 3rd Battalion 1st Marines, Marine Barracks 8th and I, Marine Corps Community Services (MCCS) Marine Corps Air Ground Combat Center Twentynine Palms CA Semper Fit, MCCS

Marine Corps Air Station Beaufort/Marine Corps Recruit Depot Parris Island, MCCA Marine Corps Base (MCB) Camp Lejeune New River, MCCA MCB Quantico Semper Fit, MCCA MCB Smedley D Butler Semper Fit, and Marine Corps Security Force Regiment.

b. USMC Silver Eagle winners: 1st Dental Battalion Naval Dental Center, 1st Medical Battalion, 3rd Marine Raider Battalion, Field Medical Training Battalion West, Marine Medium Tiltrotor Squadron 268, and Marine Raider Regiment.

c. USMC Bronze Anchor winners: 3rd Littoral Combat Team, Marine Corps Community Services MCB Camp Pendleton Semper Fit, and US Marine Forces Europe and Africa.

6. Navy Commands: Breakdown is 308 total, 110 Gold Star, 93 Silver Eagle, and 105 Bronze Anchor.

a. USN Gold Star level winners: Airborne Command and Control Squadron ONE ONE THREE, Aviation Survival Training Center (ASTC) Jacksonville, Branch Medical Clinic (BMC) Bush, BMC Evans, BMC Hansen, BMC Camp Schwab, Explosive Ordnance Disposal (EOD), Expeditionary Support Unit ONE, EOD Mobile Unit ONE, Fighter Squadron Composite ONE ONE ONE, Helicopter Maritime Strike Squadron SEVEN NINE (HSM 79), HSM 73, Hospital Corpsman Trauma Training (HCTT) Cleveland, HCTT GREAT LAKES, HCTT Jacksonville, HCTT Raleigh, Joint Special Operations Command, Maritime Expeditionary Security Group (MESG) ONE, MESG ONE Training and Evaluation Unit, MESG TWO, Maritime Expeditionary Security Squadron (MSRON) ELEVEN, Mobile Diving and Salvage Unit (MDSU) ONE, MDSU TWO, Naval Branch Health Clinic 31 Area, Naval Special Operations Medical Institute, Naval Special Warfare Group EIGHT Logistics and Support Unit, Naval Submarine Medical Research Laboratory, Navy and Marine Corps Force Health Protection Command, Navy Environmental and Preventive Medicine Unit (NEPMU) FIVE, NEPMU SEVEN, NEPMU SIX, NEPMU TWO, Navy Medical Readiness Logistics Command, Navy Medicine Readiness and Training Command (NMRTC) Annapolis, NMRTC Beaufort, NMRTC Bremerton, NMRTC Camp Lejeune, NMRTC Camp Pendleton, NMRTC Charleston, NMRTC Cherry Point, NMRTC Corpus Christi, NMRTC San Diego Detachment El Centro, NMRTC Detachment Saratoga Springs, NMRTC Guam, NMRTC Jacksonville, NMRTC Lemoore, NMRTC Naples, NMRTC New England Newport, NMRTC Oak Harbor, NMRTC Pearl Harbor, NMRTC Pensacola, NMRTC Portsmouth, NMRTC Quantico, NMRTC ROTA SPAIN, NMRTC San Diego, NMRTC Sigonella, NMRTC Twentynine Palms, NMRTC Yokosuka, NMRTC Yokosuka Detachment (Det) Camp Fuji, NMRTC Yokosuka Det Chinhae, NMRTC Yokosuka Det Atsugi, Navy Medicine Readiness and Training Unit (NMRTU) Bahrain, NMRTU Belle Chasse, NMRTU China Lake, NMRTU Diego Garcia, NMRTU Fort Worth, NMRTU Groton, NMRTU Kingsville, NMRTU Marine Corps Recruit Depot, NMRTU Mayport, NMRTU Memphis, NMRTU Meridian, NMRTU Point Loma, NMRTU Portsmouth NH, NMRTU Sasebo, NMRTU Kings Bay, Navy Reserve Center (NRC) Alameda, NRC Baltimore, NRC Birmingham, NRC Charlotte, NRC Fort Worth, NRC Kitsap, NRC Las Vegas, NRC Lemoore, NRC Orlando, NRC Pensacola, NRC Puerto Rico, NRC Raleigh, NRC Spokane, NRC Tampa, Navy Reserve Region Readiness and Mobilization Command Jacksonville, Office of Naval Intelligence, Patrol Squadron NINE (VP 9), PCU John F Kennedy (CVN-79), SEAL Delivery Vehicle Team ONE, Special Boat Team TWELVE, Trauma Navy Training Center University of Pennsylvania, US Aegis Ashore Missile Defense System (USAAMDS) Poland, USAAMDS Romania, USNS COMFORT (T-AH-20), USS ABRAHAM LINCOLN (CVN 72), USS BOXER (LHD 4), USS CARNEY (DDG 64), USS DWIGHT D EISENHOWER (CVN-69), USS FORT LAUDERDALE (LPD 28), USS GEORGE H W BUSH (CVN 77), USS GREEN BAY (LPD

20), USS HARRY S TRUMAN (CVN 75), USS JOHN P MURTHA (LPD 26), USS KEARSARGE (LHD 3), and USS WASP (LHD 1).

b. USN Silver Eagle winners: Air Test and Evaluation Squadron One, Assault Craft Unit FIVE (ACU 5), ACU 4, ASTC Norfolk, BMC Futenma, Carrier Air Wing SEVENTEEN, Center for Security Forces Detachment North Island, Commander Destroyer Squadron Twenty-One, Electronic Attack Squadron ONE FOUR FOUR (VAQ 144), VAQ 132, EOD Expeditionary Support Unit TWO, EOD Group TWO, EOD Mobile Unit SIX, Fleet Logistics Support Squadron FIVE EIGHT (VR 58), VR 53, VR 61, VR 62, Fleet Readiness Center Reserve Mid-West, Fleet Readiness Center Reserve Mid-West Det Fort Worth, HSM 48, HSM 78, Helicopter Sea Combat Squadron FOUR (HSC 4), HSC 12, Joint Strike Fighter Wing, MSRON FOUR, MSRON TEN, MSRON TWO, Naval Aerospace Medical Institute, Naval Branch Health Clinic Washington Navy Yard, Naval Forces Central Command Detachment Isa Air Base, Naval Medical Forces Support Command, Naval Special Warfare Group (NSWG) 11, NSWG 4, Naval Support Facility Thurmont, NMRTC Quantico Detachment Officer Candidate School Quantico, NMRTC Guantanamo Bay, NMRTC Okinawa, NMRTU Quantico Det The Basic School, NMRTU Albany, NMRTU Earle, NMRTU Iwakuni, NMRTU Key West, NMRTU Naval Base San Diego, Navy Region Mid-Atlantic Reserve Component Command Great Lakes, Navy Region Southwest Reserve Component Command San Diego, NRC Akron, NRC Albuquerque, NRC Amarillo, NRC Atlanta, NRC Battle Creek, NRC Boise, NRC Denver, NRC Des Moines, NRC Green Bay, NRC Greenville, NRC Gulfport, NRC Indianapolis, NRC Louisville, NRC Nashville, NRC Omaha, NRC Quincy, NRC Richmond, NRC Riverside, NRC Salt Lake City, NRC Sioux Falls, NRC Springfield MO, NRC Ventura County, NRC Washington DC, NRC Whidbey Island, Navy Reserve Region Readiness and Mobilization Command (REDCOM) Everett, REDCOM Fort Worth, REDCOM Norfolk, VP 5, VP 45, VP 69, VP 62, VP 16, VP 10, Special Projects Patrol Squadron TWO, Strike Fighter Squadron One NINE SEVEN (VFA 197), VFA 192, VFA 2, USS FITZGERALD (DDG 62), USS GABRIELLE GIFFORDS (LCS 10) BLUE, USS GEORGE WASHINGTON (CVN 73), USS GERALD R FORD (CVN-78), USS JOHN C STENNIS (CVN-74), USS MAKIN ISLAND (LHD 8), USS MESA VERDE (LPD 19), USS RONALD REAGAN (CVN 76), USS ROSS (DDG 71), USS THEODORE ROOSEVELT (CVN 71), and USS TRIPOLI (LHA 7).

c. USN Bronze Anchor level winners: ASTC Cherry Point, ASTC Lemoore, ASTC Miramar, ASTC Patuxent River, ASTC Pensacola, ASTC Whidbey Island, BMC Kinser, Commander US Naval Forces Europe Africa US Sixth Fleet, Defense Health Agency (Headquarters Navy Element), Electronic Attack Squadron ONE THREE FIVE (VAQ 135), Electronic Attack Squadron ONE THREE SIX (VAQ 136), Fleet Logistics Support Squadron ONE (VR 1), VR 1 Det Hawaii, VR 54, VR 59, VR 56, VR 64, HSM 40, HSC 28, Joint Reserve Intelligence Center (JRIC) Millington, JRIC Norfolk, Littoral Combat Ship Squadron ONE, MSRON ONE, MSRON THREE, MSRON TEN Security Boat Company Alpha, Naval Diving and Salvage Training Center, Naval Health Research Center San Diego, Naval Information Reserve Readiness Center Norfolk, Naval Medical Forces Atlantic, Naval Medical Research Unit San Antonio, Naval Nuclear Power Training Command, NSWG 2 Det Germany, Naval Survival Training Institute, Navy Drug Screening Laboratory Great Lakes, Navy Expeditionary Medical Training Institute, Navy Medical Leader and Professional Development Command, Navy Medical Research Unit EURAFCENT, Navy Medicine Operational Training Center Headquarters, NMRTC Patuxent River, NMRTC Corpus Christi San Antonio Detachment, NMRTC Detachment Indian Head, NMRTC Detachment Joint Base Andrews, NMRTC Great Lakes, NMRTC Pensacola Detachment Crane, NMRTC Twentynine Palms Det Bridgeport, NMRTC Pensacola Det Panama City, NMRTU Dahlgren, NMRTU Gulfport, Navy Medicine Training Support Center, NRC Anchorage, NRC Augusta, NRC Billings, NRC Charleston, NRC Chattanooga, NRC Colorado Springs, NRC Columbia SC, NRC Columbus GA, NRC Columbus OH, NRC Corpus Christi, NRC Detroit, NRC Earle, NRC El Paso, NRC Everett, NRC Fallon, NRC Fargo, NRC Fort Dix, NRC Greensboro,

NRC Helena, NRC Houston, NRC Jacksonville, NRC Little Rock, NRC Long Island, NRC Los Angeles, NRC Memphis, NRC Meridian, NRC Miami, NRC Minneapolis, NRC New Orleans, NRC Norfolk, NRC Pearl Harbor, NRC Phoenix, NRC Portland, NRC Rock Island, NRC Sacramento, NRC San Antonio, NRC San Diego, NRC San Jose, NRC Springfield Oregon, NRC West Palm Beach, Navy Reserve Marine Corps Recruit Depot Parris Island Medical, Navy Reserve Professional Development Center, Recruit Training Command, SEAL Team EIGHTEEN, SEAL Team TWO, VFA 146, VFA 147, VFA 125, USS ARLINGTON (LPD 24), USS BATAAN (LHD 5), USS CARL VINSON (CVN 70), USS IWO JIMA (LHD 7), USS OAK HILL (LSD 51), USS RICHARD M MCCOOL JR (LPD 29), USS RUSHMORE (LSD 47), and USS SAVANNAH (LCS 28) BLUE.

7. Released by RADM Darin K. Via, Surgeon General of the Navy.//

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